

If you are unable to go into work, call Forest City dispatch (24/7) first. We will call the client and make necessary arrangements.

Dec 2006

Volume 3, Issue 2

The Transponder

Forest City Transportation Resources (519) 652-0677
Signature Staffing Group (519) 620-1234



Special Interest :

Braking Before
Turning
Page 2

Nite Line Dispatch
Page 2

Joint Occupational
Health & Safety
Committee
Page 2

Please note that
**Time Sheets are
required no later
than noon
Monday.** If
received any later,
we cannot
guarantee your
pay will be
deposited on
Friday Morning.

REMEMBER

**COMMUNICATION
IS THE KEY**

Thanks to All

Over the past 4 years Forest City Transportation Resources has participated in the Occupational Safety Group. That participation has resulted in many new initiatives being started that have resulted in a safer and more positive work environment. These changes could not have been done without everyone's willingness to facilitate and encourage those changes. Because of this our safety program has become a huge success. As a company we are committed to providing a safe and injury free work place. We want everyone to return home safe and sound. In our line of business, our success is directly linked to the

the quality of drivers that we provide to our customers. I'd like to take this opportunity to personally thank each and everyone for your dedication, hard work and professionalism that you displayed this year. Our customers have commented on a regular basis about the high caliber of you, our drivers.

On 22 December 2006, I welcome everyone to stop by our office where we will have refreshments and snacks from 10 am to 1pm. We look forward to seeing you I would like to wish you and your family a Merry Christmas and a Happy New Year. I hope you have a safe, happy and enjoyable holiday.

Jeff Vannoord

Inclement Weather

Remember to turn off your Jake Brakes and Cruise Control at the first sign of inclement weather. If you forget to do so, you may realize too late and notice the placement of your switches while you are admiring the rhubarb from the ditch as you are calling Dispatch for a Tow Truck.

Merry Christmas & Happy New Year

From

Jeff, Allan, Jaye, Jen H, Jenna S, Kathryn, Nelson, Sissy & Web



Joint Occupational Health & Safety Committee

By Jen Stewart, Employee Co-Chair JHSC

The Joint Health and Safety Committee wish you and yours a very Merry Christmas and ask that you continue to drive safe out on the road each day. With winter weather arriving we wanted to remind you that the leading cause of death during winter storms is transportation accidents. Winter is the most difficult driving season. Not only do you have snow and ice to deal with, but there are fewer hours of

daylight as well. Even experienced drivers can find their nerves and skills tested by winter road conditions.

- Keep your windows, mirrors and lights clear of snow and ice
- Always wear your seatbelt
- Be aware of potentially icy areas such as shady spots and bridges
- Slow down. Excessive speed is a contributing factor in 20 percent of occupant

fatalities.

- Each year 25 percent of deaths and 40 percent of serious injuries from vehicle collisions occur at intersections. Be careful even when you have the right of way.

Winter Road Conditions Reports are made available during the winter months, from end of Oct to Apr each year by calling the **Provincial Call Centre: 1-800-268-4686**. Listen to the options. This is an automated service that will give information about provincially maintained highways.

Forest City Transportation Resources

4096 Meadowbrook Drive Unit 122
London, ON N6L 1G4
PH: (519) 652-0677
FAX: (519) 652-0748

Signature Staffing Group

36 Corydon Place
Cambridge On N1R 7L5
PH: (519) 620-1234
FAX: (519) 620-1246

E-MAIL:

wcrestman@fctri.com
ababin@fctri.com
jennas@fctri.com
recruiting@fctri.com
nitelinefctri@sympatico.ca
jenh@fctri.com

We're on the Web!

Visit us at:

www.fctri.com

From Niteline Dispatch

A Holiday" wish to each and every one of you. To everyone that we talk to on a regular basis and to those we have never spoken to.....(we see your names every nite), we want to wish one and all the very best of the season. We look forward to speaking to you and helping you with your non office hour calls in 2007. Be SAFE and HAPPY

Jaye and Sissy

No Paperwork-No Pay

By Web Cressman

Driver paperwork is very important. Without it we cannot pay you or invoice the customer. At a minimum when you are dispatched you will require a FCTR Timesheet, Driver Trip Report and in some cases a Log sheet. At the end of your shift turn in to the customer their bills of lading, a copy of your timesheet, your driver trip report and your log sheet.

Braking before turning

A skid often develops while braking for a curve or turn. Do your braking well before the turn. Remember to keep all wheels rolling during your turn. A skidding wheel will cause a loss of control. Brakes on an empty vehicle still have all the power necessary for a full load. When your truck is empty, it is very easy to over brake. Use extra caution when braking on slippery roads. **Adjust your speed before you get into trouble.**

Communication is the key. Keep us informed of your availability, any address changes, phone # changes etc. Our goal here at FCTR/SSG is to find meaningful employment for you the driver. We cannot employ you if we cannot contact you. Keep in touch. Seasons greetings to one and all.

Web